

PROFESSIONAL EXPERIENCE

2009 – Present Paul Brown Mediation & Coaching Peterborough, ON
Owner/ Mediator/ Psychotherapist/ Collaborative Family Professional/ Conflict Coach/ Investigator

- Facilitate Dispute Resolution Processes (i.e. Mediation, Family Group Conferencing, Collaborative Process)
- Provide psychotherapy and psycho-education to individuals, couples, families, and teams
- Conduct Voice of the Child Reports
- Provide Child Protection Mediation consultation for Transfer Payment Agencies
- Develop, plan, and teach seminars and courses specific to Family Dispute Resolution & Mental Health
- Supervise mediation interns
- Independent complaints investigator for provincial and national organizations

2017 – 2023 After The Call CISM Peterborough, ON
Peer Support Member

- Provide peer support and critical incident debriefing for First Responders

2006 – 2014 Alnwick-Haldimand Fire Rescue Grafton, ON
Lieutenant/ Firefighter

- Firefighter, Lieutenant (2012 - 2014)
 - ⇒ Trainer-Facilitator → teach firefighting-related courses departmentally and at Fire Academy
 - ⇒ Mentor junior firefighters & firefighter recruits
 - ⇒ Act as Incident Command
 - ⇒ Operate fire apparatus to, from, and at emergency scenes
 - ⇒ Provide emotional and physical support to victims, families, and firefighters

2009 – 2014 Kosho Shorei Ryu of Northumberland County Colborne, ON
Owner/ Head Instructor

- Develop martial arts & lifestyle programs to meet individual needs of students
- Evaluate student progress & promote students when milestones reached
- Mentor students to develop positive coaching & lifestyle skills

2005 – 2011 Hastings Children's Aid Society Belleville, ON
Child Protection Worker → Intake, Ongoing, Family Enhancement Team

- Conduct Child Protection investigations, and risk assessments
- Provide support to identified children and their families
- Act as liaison to collateral agencies
- Actively participate in court process
- Family Enhancement Team → Specialized team created to address parent-child (teen) conflict

EDUCATION

Master of Arts, Counselling Psychology (2025)
Yorkville University
Fredericton, New Brunswick

Honours Bachelor of Science, Psychology (2005)
Trent University
Peterborough, ON

Fitness & Lifestyle Management Diploma (1998)
George Brown College
Toronto, ON

TEACHING/ COACHING EXPERIENCE

February 2026 (Pending) → When Addiction is Part of the Family System: A Relational Approach
From Stigma to Support: Rethinking Substance Use Health
Ontario Provincial ADR Advisory Committee

June 2023 → Child Protection Mediation with Indigenous Families
Association of Family and Conciliation Courts Annual Conference
Los Angeles, CA

February 2022 → Child Protection Mediation with Indigenous Families
Ontario Provincial ADR Advisory Committee Professional Development Day
Toronto, ON

October 2019 → Child Protection Mediation: A Canadian Perspective
Ireland National Mediation Conference
Dublin, Ireland

May 2018 → Child Protection Mediation: More Than Meets the Eye
FDRIO unConference
Family Dispute Resolution Institute of Ontario

May 2018 → Child Protection Mediation Process Review
Hearing The Voice of the Child Symposium
Ontario Provincial ADR Advisory Committee

2014 - Present → Executive Member, Convenor, Coach, Trainer, Manager
Minor Hockey Teams
Peterborough Hockey Association

2010 - Present → Coach, Guest Speaker
Family Mediation Courses
Riverdale Mediation, Toronto ON

PROFESSIONAL DEVELOPMENT

Cognitive Behavioural Therapy – PESI Canada (Charles J. Jacob) (2025)
Dialectical Behaviour Therapy – PESI Canada (Katelyn Baxter-Musser) (2025)
Dialectical Behaviour Therapy – PESI Canada (Alexa Mulee) (2025)
Grief Summit – PESI Canada (David Kessler) (2025)
Association of Family and Conciliation Courts → Annual Conference (2011-2013, 2015, 2017-2024)

Leadership Coaching Skills – Conrad Grebal University (2022)
Transforming Group Dynamics – Conrad Grebal University (2022)
Conflict Coaching – Conrad Grebal University (2022)
New Ways for Families – High Conflict Institute (2021)
Voice of the Child Reports – Peel Counselling & Consulting Services (2021)
Children Resisting Contact – Dr Barbara Fidler & Shely Polak (2021)
Individual & Group Crisis Intervention – International Critical Incident Stress Foundation
Signs of Safety – Highland Shores Children's Aid
Anger Management: Working with Clients through a 10-Step Process – Hincks Dellcrest Centre (2014)
Forensic Interviewing – Ontario Association of Children's Aid Societies (2006)

CERTIFICATIONS

Registered Psychotherapist (Qualifying) (College of Registered Psychotherapists of Ontario)
Accredited Family Mediator (Ontario Association for Family Mediation)
Child Protection Mediator (Ontario Association for Family Mediation)
Specialist in Openness Adoption (Ontario Association for Family Mediation)
Coach Level 1 (National Coaching Certification Program)
Trainer Level 1 (Hockey Trainer Certification Process)
Development Level 1 (Hockey Canada)
Development 1 Field Evaluator (Hockey Canada)

AWARDS & ACHIEVEMENTS

2022-23 Peterborough Hockey Association President's Award
2021, 2022 → Reader's Choice Award
2018 → Guide to Child Protection Mediation: Second Edition (Author)
June 2017 → FDRIO Member of the Month